

Donation Ideas for **THE SOLID ROCK FOOD CLOSET**

A Ministry of the Alleghany County Ministerium

Spaghetti Sauce with Meat (can or jar)	Flour
Spaghetti Noodles	Sugar
Canned or Dry Soups	Corn meal
Canned Fruits/Applesauce	Cornbread Mix
Rice	Cooking Oil
Dried or Canned Pinto Beans	Shortening
Peanut Butter	Salt/Pepper
Jelly/Jam	Mustard
Macaroni and Cheese	Mayonnaise
Any canned meats or stews	Ketchup/etc
Canned Vegetables	Saltines
Cereals (Hot and Cold)	
Cookies	
Puddings	
Gelatins	

Sugarless foods for Diabetics

Other Items Our Clients Need (Food Stamps cannot be spent on these items)

Clothes Detergent

Dish Detergent

Toilet Paper

Deodorant

Bath Soap

Toothpaste

Tooth Brushes

Kleenex

Paper Towels

Shampoo

***** We like to be able to give \$10.00 store gift cards to clients with babies and small children as well as clients with special nutritional needs. They can purchase the correct foods, formulas and diaper sizes etc that they need.**

The cards are marked No Alcohol, or Tobacco Products**

Thank you for helping us; help our neighbors in Alleghany County. Please visit the Food Closet any time or call 372-6560 for more information.